

Fast means to Stop and when it was made obligatory?

A. 2 A.H.

B. 3 A.H.

C. 8 A.H.

D. 4 A.H.

Fast

Fast was made **obligatory in 2 A.H.**

Fasting in Islam

Fasting in Islam, is the practice of abstaining, usually from food, drink, smoking, and sexual activity. During the Islamic holy month of Ramadan, Sawm is observed between dawn and nightfall when the evening adhan is sounded. [Wikipedia](#)
